

CHAT WITH CELEBRITIES FEATURES GARDEN CLUB BIRTHDAY CELEBRATION

A chat with celebrities Lucille Ball, Desi Arnaz, and Vincent Minelli highlighted the seventh birthday celebration of Torrance Terrace Garden Club, held last Wednesday at the Fish Shanty in WALTERA.

The popular movie-television stars and cinema director, who were lunching in an alcove just off the Garden Club luncheon room, honored each member and guest with an autograph. To express their thanks for the courtesy, the club presented Minelli's small daughter with a nosegay of spring flowers.

'NEIGHBORS' PLAN SOCIAL

Next Tuesday, June 30, will be a social night for Torrance Royal Neighbors and their guests when they meet at 8 o'clock at the Woman's Clubhouse, 1422 Engracia Ave. Games and music will highlight the evening agenda, according to Mrs. G. A. Hutton, publicity chairman. Each member is requested to bring a sandwich luncheon for herself and guest and a small traveling prize which will be awarded for top scores in a game.

WCSO CIRCLES SET DESSERT LUNCHEONS

Two 12:30 p.m. dessert luncheons are on the Thursday, July 2, slate for the Women's Society of Christian Service, Methodist Church. Martha Circle will gather at the home of Mrs. J. Howland, 1814 Cabrillo Ave., Apt. C, while Sarah Circle will meet at the 2504 Maricopa St. home of Mrs. Amy Johnson. Sharing hostess honors at the latter affair will be Mrs. Leona Eads.

Pink and white predominated in table decor at the affair. Glads, carnations, and dainty feverfew blossoms were arranged in a low flat bowl matching crystal holders set with pink tapers. Narrow pink ribbons ran from the center arrangement to pink and white nosegays at each place setting.

be held in lieu of meetings this summer, featured the agenda during the short business session which followed. First trip will be made Wednesday, July 8, to the Johnson Cactus and Water Garden in Paramount. Successive tours will take club members to the Huntington Library Gardens at San Marino, the Paula J. Howard Nursery in West Los Angeles, and Armstrong's Nursery in North Hollywood before they reconvene for regular sessions in September.

Guests are invited to participate in the tours, according to Mrs. Minot Rugg, publicity chairman. Those desiring to join the caravan may contact her at FAirfax 8-3401 or Mrs. Carl Hood at FAirfax 8-4032.

The club received a special award at the recent Lomita flower show for its table setting, arranged by Mrs. J. E. Cox and her committee. Individual members, Mesdames Hood, J. M. Monaghan, and Y. E. Benstead captured awards for their entries in the Lomita and Lawndale shows.

Guests joining the group for the natal fête were Mesdames Charles Ward, Dan Barnard, Joe Banks, and F. A. Derouin.



HELP WANTED . . . Like many another young bride-to-be, pretty Sylvia Martinez, 2619 S. Border Ave., is having quite a struggle making the iron do the right things to a white shirt. But she's smiling, because she's just got a few tips (see story at right) on how to give the professional, smooth touch to starched linen. With a little practice on father James' shirts, she'll be a model ironer for Harvey Rushfeldt Jr., whom she will wed on Aug. 2.

PUT THE FEED BAG ON! Sew Cotton Bag Fashions For Style, Thrift, Prizes Say State Fair Officials

Get out your needle and thread, ladies! Such was the call sent out this week to women all over California by officials of the California State Fair, to be held Sept. 3 through 13, for this year the event will feature a new sewing contest.

The contest, "Save With Cotton Bags," offers a double opportunity to participants — a practical means of dressing up a family and home, and a chance to win valuable prizes. Fair officials said.

Open to both adult women and 4-H Club girls, the competition calls for making a variety of clothes and household items from thrifty cotton feed, flour, and fertilizer bags. A "Grand Sweepstakes" award, an electric portable sewing machine, will be presented to the person who wins the greatest total sum of money from her entries in different classifications.

The divisions include curtains, dresses, luncheon cloths and napkins, mother and daughter outfits, and miscellaneous articles. Sewing with cotton feed bags is a practice which strikes a familiar chord with almost every homemaker, for today the useful cotton bag has become an integral part of American domestic life, according to the Textile Bag Manufacturers Association, which is joining with the Pfaff Sewing Machine Co. in sponsoring the contest.

Bright, crisp sack curtains lend character to windows in homes from the community settlement to the city apartment. Floral prints and gingham hop swiftly from the feed stores into misses' wardrobes. Plaids and checks adorn the breakfast nook as tablecloths and napkins.

Even plain and unbleached bags undergo a fascinating metamorphosis from containers for products to bedspreads, sheets, and slipcovers for home decoration.

According to the National Cotton Council, pretty new bag patterns this spring and summer are certain to inspire homemakers to whip up stylish "feed bag cotton" additions for their wardrobes. A preview of the

latest "bag" fashions shows smartly-styled new prints readily adaptable to the fashion trends of the day. Almost every size bag from the smallest to the large 110-pounder can be utilized in home sewing. One hundred pound sacks contain from one and a fourth to one and a third yards of fabric. Twenty-five-pound flour bags measure about 26 by 26 in. Smaller sizes can be used for making children's blouses, bibs, and other tiny items.

Preparing the bags for sewing is a simple procedure. All bags are sewn with a chain stitch which rips in a jiffy. Brand labels are removed easily by quick soaking in water. Iron the fabric, and it's ready for sewing.

Cotton bag fashions have another advantage in addition to thrift, style, and comfort. There's the important factor of durability. The fabric, sturdy in texture and weave for holding foodstuffs, stands up under hard wear. It comes up smiling, restored to its original freshness, from many tubbings in soap and water.

So, say Fair officials, put the feed bag on!

Send Hubby Off with Grin, Not Grouch; Iron Snowy Shirts Professional Way

Brides are pretty, but wives are smart, and it's a wise wife who learns the tricks that keep a husband happy.

One can't live on orange blossoms and wedding cake, as many a Mrs. has found to her sorrow. So when you change from the bridal gown to the kitchen apron, forget the moonlit nights and start thinking of the work-day mornings.

Here's how. Here is one little secret that will help send hubby off with a grin instead of a grouch. Let him wake up to a snowy, well-ironed shirt.

First, don't let his shirts get too soiled. They're easier to wash and they wear longer if you don't have to scrub out dirt that's been ground in.

Second, use a good soap or detergent, along with bleaching to preserve the whiteness. Use lots of water—hot for washing and cool for rinsing. And be sure to starch the shirts properly.

Starching is simple to do, but it is one of those things often done badly. To get it exactly right, try this. Mix ¼ cup of dry starch and ¼ cup cold water to a paste in a bowl. When you're ready to begin, add one of those small blue cakes which aid ironing. Then pour a quart of boiling water over the paste. This makes a thick, basic starch mixture which is just right for stiffening the collars and cuffs. Use the starch mixture hot; be sure to squeeze out any excess.

The final touch in the preparation for ironing, is the sprinkling. Use warm water and sprinkle it well and evenly. Then roll the shirts tightly, pulling out the wrinkles as you roll. Wrap in waxed paper or a damp towel and let stand for at least an hour.

To iron a shirt correctly, here are the proper steps:

1. Iron cuffs on wrong side first, then on right side, stretching as you iron. Next do the sleeves.
2. Iron the collar, then the yoke, putting the yoke over the ironing board or table end and pulling it straight.
3. Lay shirt on ironing board or table, with collar to your left, and outside back of shirt against the board or table. Iron inside of back and yoke.
4. Fold front left side of shirt over and iron. Repeat for the right, or button side.
5. Touch up for a handsome finish.

If you do his shirts yourself, you'll know they're done properly. It's a good way to keep your man looking—and feeling—his best. And a good way to keep him saying: "I'm glad it's YOU I married!"

ADVICE FOR HOMEMAKERS

Vary Morning Menu for Better Breakfast, Better Health, Nutritionists Say

Breakfast is the "forgotten meal" in America today. Break-

fast skippers or skimpers are found in too many households. The cup of coffee grabbed on the run is the symbol of our split-second way of life.

It is not a measure of good living, nor of good health and efficiency, however, according to leading nutritionists. Educators and businessmen too have an increasing awareness of the bad effects of breakfast skipping in lost work time and lowered learning level of students.

Short-cut breakfasts, the nutritionists say, are a short-cut to mid-morning slump and slower reactions. They also claim that skipping on breakfast may create a greater appetite at other times of the day and thus may be largely responsible for the surplus weight of millions of Americans. If a good breakfast, one providing about 600 calories or one-third of the day's calorie needs, is eaten, one is prone to eat less during the day, the experts say.

Breakfast need not be an unchanging parade of the same foods. Selection of dishes which are appealing in the morning are almost unlimited.

They include all varieties of fruits and fruit juices, rich in vitamin C; innumerable ready-to-eat or hot cereals, sources of energy and minerals and vitamins; and protein-rich meats and eggs. Choices from the bread group, too, are unlimited. Sweet rolls and coffee cakes add variety, while even reducing diets can be inviting with golden toast, lightly buttered. The breads provide some of the necessary V vitamins, calcium, and iron.

Here is a breakfast idea

Reflections

By J. HUGH SHERFFEY, JR.

GRADUATION, THEN WHAT?

When I graduated from High School my father gave me a slip of paper; on it was written: "I give you a 4-letter word for success."

"The first letter is W; that stands for williges to do as you are told."

"2nd is an O; that stands for order in your mental cerebrations."

"3rd is an R; that stands for reliability."

"4th is a K; it is the Key. 'Williges, or malibility, to conform to an entirely new set of rules is of utmost importance."

"Intellectual order is to properly store new facts to be used as guides for the future."

"You are now facing a wall, some call it reality but I choose to call it reliability; it is too high to climb. You can't break it down, nor can you go under nor around it. You must go through it; you have the key. Cast aside your visions of sudden wealth, something for nothing; go through the door in this wall and you will see four huge signs on the path to Success, they are:

- W—
- O—
- R—
- K—

W-O-R-K is your password. Never forget it. Never be without it. Make it your constant companion and you'll arrive much quicker than you think."

Good going. Happy traveling. Take the main road. Keep your eyes ahead. WORK. You're on your way and on your own. Good luck.

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Artists Show Best Today

Local residents will have an opportunity to view what San Pedro Art Association members consider their most outstanding work at a "Best Paintings" exhibition to open at 1 o'clock this afternoon at the Association gallery, 820 S. Beacon St.

Entries in oil, watercolor, and pastel will represent each artist's conception of his finest work during the exhibit, which will continue through Sunday, July 12. Gallery hours are 1 to 4 p.m. daily except Tuesdays.

According to President Jay Meuser, the show will be unjuried and non-competitive in that there will be no awards of any kind.

Zeta Phi Epsilon Plans Philanthropic Projects

Plans for philanthropic projects to aid Ramona High Girls highlighted last Monday's meeting of Zeta Phi Epsilon sorority, held at the 2207 W. Carson St. home of Mrs. Vivian Cook.

Clara Cramer, president, conducted the business session, which also included plans for a beach picnic at the Hermosa Beach home of Beryl Dunnington on Sept. 26. Games, with a prize for high score going to Clara Gibrilero of Palos Verdes, climaxed the evening.

Those attending were Edna Hancock, Marian Allen, Babe Reichert, Helen Ground, Cramer, Erma Samuels, Claudia Basso, Gibrilero, Eleanor Barlow, Thais Hancock, Dunnington, and Agnes Horchardt.

(Photo Arts Photo)

TROTH TOLD . . . Engagement of their daughter, Connie, to Richard Jacobs of Scottsbluff, Neb., was announced this week by Mr. and Mrs. Von M. Bergen, 2467 Sonoma Ave. The popular bride-elect graduated from Torrance High School in June, 1952, and has just completed her first year of study at the Brigham Young University in Provo, Utah. No wedding date has been set.

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NOTICE!

EFFECTIVE SATURDAY, JULY 11, 1953, The Torrance National Bank will discontinue its Saturday banking service . . . This has to be, because the people of California, through their duly elected representatives, indicated that they are in favor of such proceedings. This is now a law, having been enacted on by the California Legislature and approved by the Governor.

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